



HEALTH HOLDING

HAFER ALBATIN HEALTH
CLUSTER
MATERNITY AND
CHILDREN HOSPITAL

Department:	Operating Room		
Document:	Departmental Policy and Procedure		
Title:	Care of Patient in Recovery Room		
Applies To:	All Anesthesiologist and Operating Room Nurse		
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1. PURPOSE:

- 1.1 To assist patient to return to its safe physiological level after anesthesia.
- 1.2 To allow the nurse to observe a present complications as well as providing emergency actions.

2. DEFINITIONS:

- 2.1 **Care of Patient in Recovery Room** – a care rendered to a patient for safe recovery and arousal from anesthesia, it begins after surgical procedure is completed and the patient is admitted to post-operative recovery area.

3. POLICY:

- 3.1 Regardless of the surgical procedure performed the patient must be observed, well recovered before transfer to the nursing unit.

4. PROCEDURE:

- 4.1 Upon receiving the patient, the recovery room nurse should receive a verbal hand over from the anesthetist and the theatre nurse to ensure continuity of care.
- 4.2 The recovery room nurse immediately checks the patency of the patient's airway and administers oxygen via an oxygen mask.
- 4.3 Oxygen should be delivered at 5 liters per minute via the flow meter or as directed by the anesthetist. The amount of oxygen delivered to pediatric patients will be determined by the anesthetist.
- 4.4 Vital signs are taken on admission to establish a baseline data and every 5 minutes interval.
 - 4.4.1 Vital signs Consist:
 - 4.4.1.1 Blood Pressure
 - 4.4.1.2 Pulse Rate
 - 4.4.1.3 Circulation
 - 4.4.1.4 Temperature
 - 4.4.2 Measure the level of consciousness, check from patency of catheters and drains, and wound dressings, blood loss.
- 4.5 Vital signs must be cross checked with pre-operative and intra-operative observations to determine deviations.
- 4.6 The patient comfort should be considered at all times.
- 4.7 Warm blankets should be applied.
- 4.8 Ensure that the correct intravenous fluid is infusing according to the physician's order and that the cannula is patent and secured (all cannula should be signed and dated).
- 4.9 Analgesic and anti-emetics should be given as ordered by the physician.
- 4.10 Arterial lines and central venous lines should be monitored (if present).
- 4.11 In case a blood transfusion is infusing at the time patient is endorsed to recovery room staff, proper endorsement must be taken from anesthesia team.
- 4.12 Patient's having local anesthesia will remain in the recovery room.

4.13 The patient's comfort should be considered at all times.

5. MATERIALS AND EQUIPMENT:

- 5.1 Cardiac Monitor/Pulse Oximeter
- 5.2 Warm Blanket

6. RESPONSIBILITIES:

- 6.1 Nurses
- 6.2 Anesthesiologist



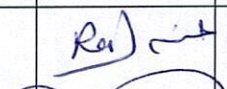


7. APPENDICES:

N/A

8. REFERENCES:

- 8.1 Kingdom of Saudi Arabia, Ministry of Health, Baish General Hospital, 2018.

9. APPROVALS:

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